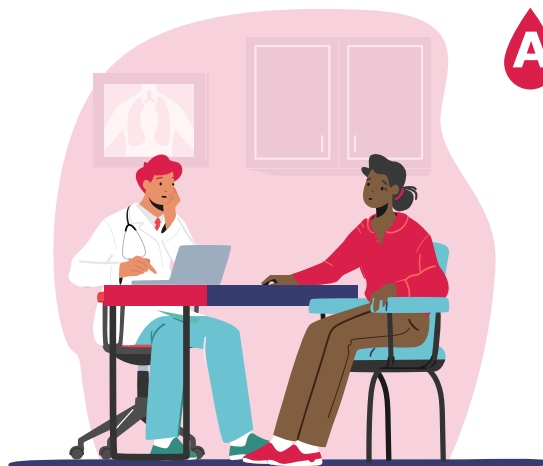


LIFE WITH AML

QUESTIONS FOR YOUR DOCTOR



Following treatment, doctors will develop a **tailored follow-up treatment plan**, that will be used to **monitor your long-term health**. Use the below questions during your next appointment to help gain clarity on what your monitoring plan may look like.

MONITORING:

Why do you continue to run tests after AML treatment?

What tests might be carried out and how regularly?

What type of monitoring is involved in follow-up care?

How often will I need to see my doctor?

What is the risk of my AML returning?

What can I do to minimise the risk of my AML returning?

Are there resources that may help look after my mental health during follow-up?

TREATMENT SIDE EFFECTS:

What is the best way to monitor and manage any treatment side effects?.....
.....

What physical and/or mental side effects should I watch out for?.....
.....

If you experience any new side effects or changes in your condition, speak with your doctor. Side effects and other safety related information should be reported. Reporting forms and information can be found at:

United Kingdom: via the Yellow card scheme at www.mhra.gov.uk/yellowcard or search MHRA Yellow Card in the Google Play or Apple App Store.

Republic of Ireland: HPRA Pharmacovigilance website at: <http://www.hpra.ie/homepage/about-us/report-an-issue>.

LIFE WITH AML:

Are there any support groups in my local area?
.....

What resources exist that can help me look after my mental health?
.....

How do you recommend I maintain my mental health between appointments?
.....

What exercises do you recommend after treatment?
.....

What nutritional advice is available to me?.....
.....

What can I do if I feel sad, anxious or depressed?
.....

FOR MORE SUPPORT, PLEASE VISIT AMLCARE.CO.UK OR AMLCARE.IE

This leaflet is for patients in UK and Ireland only, and has been created and funded by Astellas. It is provided for informational purposes only and does not constitute individual medical advice. If you have any questions or concerns about your medical condition or AML, ask your doctor.

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